



REPORT ON WORLD CANCER DAY - 2022

On 2 March 2022 World Cancer day was celebrated by NSS department in K.K. Vihar Jalandhar cantt.

VENUE :- KK Vihar, Jalandhar cantt.

TIMINGS :- 0900 - 1300 hrs

The theme for the World cancer day 2022 was "CLOSE THE CARE GAP". This day was celebrated under the supervision of National Service Scheme department. Ms. Riya [Programme officer, NSS] and Mrs. Eliza [CI] were the teacher supervisors.

The class allotted for the celebration of this day was BSc (N) 3rd year. They arranged a awareness programme in which charts and posters were used as an aids for teaching. Awareness regarding cancer, its causes, risk factors, Management and Prevention were discussed. The General Public of K.K. Vihar, Jalandhar cantt was educated everything about the cancer. It was a successful event.

Incharge - Ms. Geeta Bishnoi
Ms. Pinky

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Programme officer

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Army College of Nursing
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REPORT ON INTERNATIONAL WOMEN'S DAY 2022

On the occasion of International Women's day a Nukad Natak was performed in Shri Guru Ram Das Mandir from 1100 - 1300 hrs on 8 March 2022.

TIMING :- 1100 - 1300 hrs

VENUE :- Shri Guru Ram Das Mandir

THEME :- Gender Equality Today for Sustainable Tomorrow.

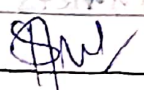
PRESIDING OFFICER :- Ms. Riya Sharma

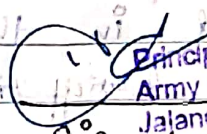
[Programme officer, NSS]

SUMMARISATION :-

A Nukad Natak was performed by students of 4th year in their community area at Shri Guru Ram Das Mandir on the occasion of International Women's Day on 8 March 2022 from 1100 - 1300 hrs and the theme for this was "Gender Equality today for a Sustainable Tomorrow".

The Nukad Natak explained various Government schemes like Mahila Skashaktikaran, Ujjwala Yojana etc. which provides information to the people of community. The Natak was organised under the guidance of Ms. Riya Sharma (Programme officer, NSS).


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REPORT ON WORLD HEALTH DAY

On the occasion of World Health Day, a Marathon was organised by the Military hospital Jalandhar Cantt from 0500 - 0730 hrs on 7 April 2022.

TIMING - 0500 - 0730 hrs

VENUE - Army college of Nursing, Jalandhar Cantt.

THEME - "Our Planet, our health"

SUMMARISATION -

A Marathon was organised by Military hospital, Jalandhar Cantt on the occasion of World Health Day. It was a 5km Marathon race and NSS has participated in the marathon enthusiastically. Theme for this year health day was "Our planet, Our health" and timings for this was from 0500 - 0730 hrs. Everyone participated in this marathon and the winners of the Marathon were appreciated in the end. The event ended with a guest lecture and event ended successfully.

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REPORT ON WORLD NO TOBACCO DAY

On the occasion of world no tobacco day, a health awareness lecture was organised by students of 1st and 3rd year from 1000 - 1200 hrs on 31 May 2022.

TIMING - 1000 - 1200 hrs

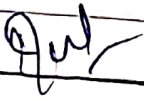
VENUE - MILITARY HOSPITAL, JALANDHAR CANTT.

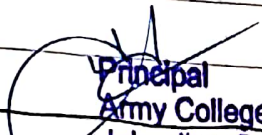
THEME - "Poisoning Our planet"

PRESIDING OFFICER - MS. RIYA SHARMA [Programme officer, NSS]

SUMMARISATION -

A health awareness lecture was organised by military hospital, Jalandhar Cantt on the occasion of world no tobacco day. Theme opening was done by Col. Sheetal (PM, JRC). The theme for world no tobacco day was "Poisoning our planet". Posters were displayed at OPD, MN JRC and introduction of the topic, reason of tobacco consumption, health hazards due to tobacco consumption, prevention to leave tobacco and positive health effects of cessation of tobacco were explained to patients in OPD.


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REPORT ON WORLD ENVIRONMENT DAY

On 5th June, 2022 World Environment Day was observed in Army College of Nursing, Jalandhar Cantt.

TIMING:- 0900 - 1000 hrs.

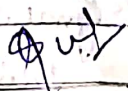
VENUE:- Sports Ground, Army College of Nursing

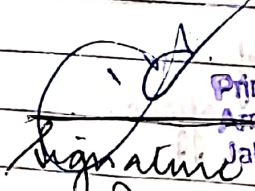
THEME:- "INVEST IN OUR PLANET"

SUMMARISATION:-

On the occasion of World Environment Day, plants were planted in the Sports Ground of Army College of Nursing, Jalandhar Cantt on 05th July, 2022. The theme for this year is "INVEST IN OUR PLANET".

The students and faculty members of the college planted trees in the Sports Ground of the college to increase the no. of plantation in the campus this enhanced the beautiful of the campus and awareness among the students.


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REPORT ON WORLD CYCLING DAY

On 3rd June 2022 World Cycling day was observed in Army college of Nursing Jalandhar Cantt.

Timing - 0500 - 06.30 hrs

Venue - Cyclothon

Theme - "originality, diversity and endurance of bicycle being utilised for more than 200 years"

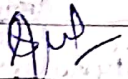
Presiding officer - Ms. Riya Sharma
[NSS, Programme officer]

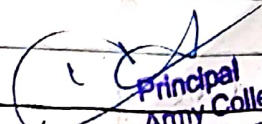
Summarisation:-

On the occasion of world cycling day, a Cyclothon was organised by Army College of Nursing, Jalandhar Cantt on 3rd June 2022.

The Theme for this year is "originality, diversity & endurance of bicycle being utilised for more than 200 years"

The students of BSc(N) 1st year went for Cyclothon along with poster to the family accomodation of serving soldiers.


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REPORT ON PLANTATION DRIVE

On 6th July 2022 Plantation drive was observed in Army College of Nursing, Jalandhar Cantt

Timing - 1400 - 1500 hrs

Venue - Sports Ground, Army college of Nursing

Theme - ACN - NEEMS '22

Presiding officer - Ms. Riya Sharma
[NSS, Programme officer]

THEME OPNERS - Col. H.S. Phagura, Registrar ACN
Prof. Mrs. Charlotte Ranadive, Vice Principal

Summarisation -

A Plantation drive was organised by the Army College of Nursing on 6 July 2022 from 1400 - 1500 hrs. The theme for the plantation drive for this year was "ACN-NEEMS '22". Students of all batches and faculty members planted neem trees in sports ground. The drive was successfully completed by NSS unit under the supervision of NSS presiding officer [Ms. Riya Sharma].

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Signature of Programme officer

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BREAST FEEDING AWARENESS WEEK

On the occasion of Breastfeeding awareness week various events were organised at various sites.

VENUE - MH JRC; community area

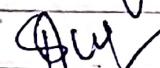
THEME - Step up for Breastfeeding :- Educate & Support

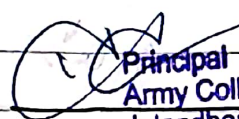
TIMING - 1 Aug - 5 Aug 2022

Presiding officer - Ms. Riya Sharma
[NSS, Programme officer]

Summarisation -

From 1st Aug - 5th Aug 2022 Breastfeeding awareness week was organised by students of Army College of Nursing. On 1st August health education was given at command hospital Chandimandir. On 3rd August 2022 health education was provided in Maternity ward of MH JRC; on 4th August Nukad Natak was organised by students of 4th year in community setting on topic "Stanpan hai jaruri". The week ended by spreading awareness among community.


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75th Independence Day

On the occasion of 75th Independence day Poster Exhibition and Nukud Natak were organised by NSS Unit.

Time - 1400 hrs - 1600 hrs

Theme - Azadi Ka Amrit Mahotsav

Presiding officer - Ms. Riya Sharma
[NSS, Programme officer]

Summarisation -

On 16th August 2022 Army College of Nursing observed "The Partition horror remembrance day" for this day Poster Exhibition was organised in Ashoka hall.

On 18th August 2022 Nukud Natak was organised at KK Vihar Jalandhar Cantt. Students of Bsc (N) 3 year participated in it to show case their talent in the form of poem recitation, dance, Nukud Natak. Nukud Natak was titled as "HUKOTNA" which includes various aspects of National wide problem giving a sense of knowledge to family members of serving soldiers.

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Report On Medical Camp

A Medical Camp has been organised by NSS Unit and Red Ribbon Society Club

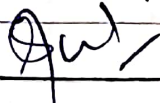
VENUE - Naari Awas, Army welfare Society.

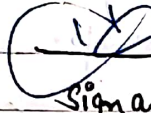
TIME - 17 August 2022 to 20 August 2022

Presiding officer - Ms. Riya Sharma
[NSS, Programme officer]

Summarisation

A three day medical camp has been organised by NSS unit, Red Ribbon Society Club in collaboration with Army welfare Society (AAWA). In this camp head to toe checkup was done of family members of serving soldiers. Students of BSc (N) 3 year also gave health education to people on, AIDS, Covid-19, balanced diet, etc. with the help of charts. It was a beneficial camp organised by NSS unit keeping in mind the health of people.


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Report On Workshop

A workshop was conducted on Life skill education by Rajiv Gandhi National Institute of youth Development, Regional centre, Chandigarh.

Time - 20 to 24 September 2022

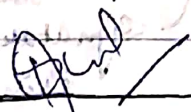
Topic - Life Skill Education

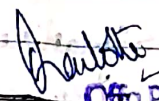
Venue - Rajiv Gandhi National Institute of youth Development, Regional centre, Chandigarh.

Summarisation

A workshop was conducted on life skill education by Rajiv Gandhi National Institute of youth Development, Regional Centre, Chandigarh.

Ms. Riya Sharma, NSS Programme officer attended this workshop from 20 to 24 September 2022 at Chandigarh. It was a fruitful workshop.


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Report On Martyrdom of Shaheed Bhagat Singh

On the occasion of Martyrdom of Shaheed Bhagat Singh Red Ribbon club a Inter college Competition was organised on 27 September 2022 at Baba Sahib Bhim Rao Ambedkar Co-education Government College Bootan Mandir, Jalandhar.

Time - 27 September 2022

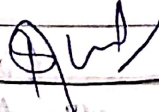
Venue - Baba Sahib Bhim Rao Ambedkar Co-education Government College Bootan Mandir, Jalandhar.

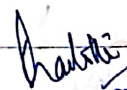
Summarization

A District level, Inter college Quiz, Poster Making, Slogan Writing Competition was organised by Baba Sahib Bhim Rao Ambedkar Government College on 27th September 2022. Students of 4th year participated in this competition.

Ms. Payal got 3rd position in poster making, Ms. Anamika Das got 2nd position in poster making.

In Quiz competition, Ms. Aanchal and Monika Deepa got 3rd position.


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Report On World Mental Health Day

On the occasion of World Mental Health Day a Mental Health Awareness Lecture was organised by NSS Unit.

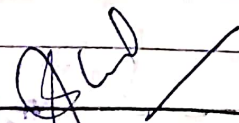
Time - 1100 hrs - 1200 hrs

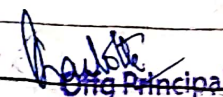
Theme - "Make Mental health and wellbeing for all a Global Priority"

Presiding officer - Ms. Riya Sharma [NSS, Programme officer]

Summarisation

On 11 October 2022, World Mental Health Day was celebrated in Army College of Nursing Jalandhar Cantt from 1100 hrs - 1200 hrs. The theme for this year was "Make Mental Health and Wellbeing for all a Global Priority". On this occasion, a lecture was delivered by Ms. Riya Sharma about the Mental Health Awareness and how Mental health can be promoted and improved. It was a fruitful event.


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